

Title VI Elders Program Update

The Sac and Fox Nation Title VI Elders Program is seeking Native American elders living in the Prague, Stroud and Cushing area who qualify for the chore workers, home sitters and respite caregivers program. Elders interested in the program please contact Sue Johnson, Title VI Elders Coordinator at 918-968-3526, extension 1054, or 1-800-259-3970, extension 1054.

The Title VI Elders Program is also seeking people who are interested in becoming a chore worker, home sitter and respite caregiver for elders in our service area. If interested contact Sue Johnson, Elders Coordinator at 918-968-3526, extension 1054 or 1-800-259-3970, extension 1054.

As the Elders Coordinator for the Sac and Fox Nation Title VI Program, it has been a pleasure to meet some of the elders and other Tribal members since I have been here. I was hired in December and have been very busy learning the program. We would like to welcome back Tammy Fields from her extended leave. We would also like to thank Bessie Franklin and Anna Marie Franklin for their wonderful job

cooking the meals during Tammy’s leave. The Title VI staff has had in-service training with two former Title VI Elders Coordinators, Ms. Gloria Ellis and Ms. Stella Wilson. They shared with us their knowledge and experience of the Nations Title VI Program. We also had training with Ms. Erica Dean, the Nutritionist from the Merle Boyd Center. Her presentation concerning the nutrition of elders was very informative. We want to thank Ms. Ellis, Ms. Wilson and Ms. Dean for their

willingness to share their knowledge with us so we can provide better service to our elders. Donna Basquez is our meal deliverer for the Cushing area and we learned that her husband is in the hospital in Tulsa. We wish him a speedy recovery. If you have any questions, suggestions or comments regarding the Title VI Program, please contact me at 918-968-3526, extension 1054. My office hours are from 8:00 a.m. to 4:30 p.m.

SAC AND FOX ELDERS ADVISORY BOARD UPDATE

The Sac and Fox Elders Advisory Board (EAB) hold their regular meeting on the second Wednesday of each month at 10:00 a.m. They alternate meeting sites between Stroud and Shawnee. The April meeting will be held in Stroud. Several events are scheduled in April and May:

- April 1 Taco Sale in Shawnee at the Multi-Purpose Building
- April 14 Shirt Making Class in Stroud at the Elders Building
- April 19 Shirt Making Class in Stroud at the Elders Building
- May 7 Mother’s Day Dance in Stroud at the Community Building

For more information regarding the EAB and their activities please contact Ms. Stella Wilson at the Stroud Elders Building on Tuesday, Wednesday or Thursday. The telephone number is 918-968-2583.

Sac and Fox Veterans Women’s Auxiliary

The Auxiliary would like to welcome anyone wishing to support our veterans to attend their monthly meetings which are held every 3rd Wednesday alternating the meeting sites between the Veterans/ Elders Building in Stroud and the Shawnee Multi-Purpose Building in Shawnee. The meetings start at 6:00 p.m. and are covered dish so that we may enjoy fellowship with each other prior to our meeting. The next meeting will be held in Stroud at the

Veterans/Elders Building, April 20, 2011. We are currently planning in conjunction with the Veterans the festivities for their 2nd Annual Sac & Fox Veterans Memorial Day Pow-Wow to be held May 28, 2011. Come and enjoy the camaraderie with the Women’s Auxiliary and the Veterans as we strive to “Serve those who served our country”. For further information, please contact Clarissa Littlehead at 918-987-0311 or at cjlittlehead@yahoo.com.

NOTICE

ANY FAMILY MEMBER WHO WANTS THEIR FAMILY FLAG FLOWN AT THE ANNUAL POW-WOW

CONTACT

WILSON HARJO (918-968-2583)

OR

CURTIS “DAGWOOD” WAKOLEE (405-395-0330)

SAC AND FOX VETERANS HONOR GUARD



WE NEED MORE ADDRESSES OF SOLDIERS

CONTACT

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OR

CURTIS “DAGWOOD” WAKOLEE (405-395-0330)

SAC & FOX NATION ELDERS

Shirt Making Class

April 14th & 19th 10:00am

Instructor: Stella Wilson

Elder’s Building

Stroud, Oklahoma

Everyone Invited

Potluck

Sac and Fox Elders

TACO SALE!!!



Shawnee Multi-Purpose Building

Don’t Forget These Dates!! April 1 & April 22

11:00 AM 1:30 PM

SAC & FOX VETERANS

HONOR GUARD

Memorial Day Activities

(5.5 miles South of Stroud on HWY 99)

May 28, 2011

Morning Reading: Reading of Names of our Deceased Warriors at SFN Memorial.

10:00 AM: Start with Posting of Eagle Staff and Opening Prayer.

Song: “Star Spangled Banner” by Casey Wilson and Senior Princess

Rifle Salute: By Muskogee Creek Nation Color Guard

Playing of Taps

Reading: Reading of Names of Sac & Fox Veterans by Sac and Fox Veterans.


Distribution of Small Flags for Posting on Veterans Graves. Fallout for Luncheon at Community Building.

Luncheon: Provided by Behavioral Health Dept of SFN. Distribution of T-Shirts on First Come, First Serve Basis. Program by Karen Simmons of Behavioral Health.

April

Title VI Elders Program

April 2011 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				Breakfast Oatmeal Boiled Eggs Toast Apples Juice
				1
4	5	6	7	8
Fish Sticks Hush Puppies Coleslaw Pineapples	Lasagna Garlic Sticks Salad Mixed Fruit/Jell-O	Baked Chicken Zucchini Scalloped Potatoes Rolls Pears	Mexican Casserole Salad Tropical Fruit Dinner Roll	BBQ Sandwiches Salad Baked Chips Peaches
11	12	13	14	15
Chef Salad (Egg, Meat, Lettuce, Cheese) Crackers Apples	Pork Chops Broccoli Rice Mandarin Oranges	Chicken Strips Salad Tator Tots Tropical Fruit	Taco Salad w/the works Pineapples	Breakfast Biscuits/Gravy Scrambled Eggs Grapes Juice
18	19	20	21	22
Baked Chicken Corn/Yellow Squash Salad Peaches Rolls	Pork Roast with Carrots & Potatoes Salad Frozen Strawberries Rolls	Meat Gravy Green Beans/Potatoes Fry bread Frozen Blueberries	Chef Salad with Fajita Meat Crackers Tropical Fruit	Ham Sandwiches w/Lettuce, Tomatoes Chips Fruit Salad
25	26	27	28	29
Stuffed Green Peppers Corn Green Beans Rolls Mandarin Oranges	Baked Chicken Zucchini/Tomatoes Salad Rolls Apple Cobbler	Wild Rice Chicken Casserole Carrots Bread Mixed Fruit	Enchiladas Salad Spanish Rice Frozen Strawberries	Breakfast French Toast Sausage Links Boiled Eggs Bananas

* Menus are subject to change without notice.

The Title VI Staff wishes everyone a

Happy Easter

